

**Subject:** Ready2Roll Cycling - 2021 Training Series News

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Hello (Enrolled) Ready2Roll Cycling Riders

We are just over a week away from our first beginner ride so it's time to start sharing more information with our 2021 enrolled riders, about the upcoming training series.

Over the next 8 days, we will be sharing details on our safety/COVID-19 measures, the communications process, our Ride with GPS app and RwGPS Club, and several other proce features, etc. that make Ready2Roll Cycling, and our riders, the best-trained, safest, most courteous, friendliest, happiest, ambassadors for cycling, in the known universe!

We have been planning, coordinating, hosting, and improving our training rides for almost 30 so there is a lot to share but we'll keep each note fairly concise and stick to one major, or a fe minor topics per note so they are easy to digest. Please read and file all these notes where y can easily refer back to them, if you need to.

Today, we'll tell you what is coming, and when, and touch on a few key notes...

Here is an outline of what is in the pipeline this coming week...

- Today – This key details note plus an important volunteer update note
- Friday, Jan 15 - Dressing for Winter Cycling
- Sunday, Jan 17 – Overview of the Communication Process
- Monday, Jan 18 – Safety Update, COVID-19 Measures
- Tuesday, Jan 19 – Ride with GPS mapping/navigation map and Ready2Roll Cycling Rv Club
- Wednesday, Jan 20 – Beginner Ride 1 Note
- Thursday, Jan 21 – Special Topic Note – TBD
- Friday, Jan 22 – Beginner Ride 1 Note Repeat (+ Late Updates)

Each of these notes has important information, please take time to read them. (Some have literally been years in the making...)

## **Key Reminders**

### **Beginner Rides 1 & 2**

First off, we want to remind you about the purpose of the first two rides. We call these our beginner rides, because they are focused on giving new riders an opportunity to get used to riding on the road, with other riders and light vehicular traffic. Experienced riders are welcome to come to the beginner rides, but only if they are there to adopt 1-2 new riders and coach them (from a safe distance) in how to ride safely and consistently, while holding a steady line and communicating/listening, passing/being passed, etc. In other words, these rides are not to get dust out of your legs, they are to teach newbies (riding at their pace) how to ride safely, on the road, with other riders, traffic controls and traffic. The riding groups will be intentionally small (riders) and slower so you can maintain safe COVID separation and easily communicate with the group.

### **Garage Sale & Igloo Sale, Jan 23 & 30**

Please note that we will be holding a socially distanced version of our very popular, and useful annual cycling garage sale at Beginner Rides 1 and 2. Experienced riders are welcome to stop at the Igloo later in the morning, when the beginners are out on the road, to check out the bargains on new and gently used cycling clothing and equipment. Oh yes, the Igloo outlet store will also be open for us and they usually pull out some really great bargains so, if you are looking for some great buys on cycling clothing and/or Igloo products, we suggest dropping by, if you aren't already here mentoring the newbies on their first rides.

### **Update - Carpooling**

Another key note to consider, is carpooling. Carpooling has been one of our favorite words for 20 years – since our series became very popular, while the small towns we start from didn't get any larger. Carpooling is problematic with COVID-19 in play, unless you are only carpooling with riders you are around all the time. Please be safe and sensible and limit carpooling to riders you are certain are virus free. We do have fewer participants this year which helps limit our number of cars and the soft start allows you to arrive later, and still have time to get ready, and on the road while avoiding large numbers of riders.

### **Reminder – Practice Safe Social Distancing**

Normally, we highly encourage everyone to be as sociable as possible and get out and meet other riders and stop for group meals on the drive home after each ride. For this year only, please don't try to set up meetings with groups of riders. We need to keep our activities as independent and socially distanced as possible and leverage the almost 100% fresh air aspect of the in-person portion of the training series. Please do feel free to use our Facebook page and other virtual forums to socialize this year and we hope to get back to enjoying brews and bites after the ride again in 2022, or sooner.

Thanks!

**Steve, Marshall, Jan and Robbie**

Ready2Roll Cycling



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