

## ADDRESSING COVID-19

The Pedal Away Alzheimer's (PAA) ride is fully committed to delivering a safe and enjoyable event and will be implementing a wide array of comprehensive measures to address COVID-19. We are aware that the virus that causes COVID-19 is thought to be mostly spread by respiratory droplets released when people talk, cough, or sneeze. Further, it is also likely that the virus may spread to hands from a contaminated surface and then to the nose, mouth or eyes, causing infection.

**All participants (riders and volunteers) are requested to promote and implement healthy behaviors that reduce the spread of Covid-19. These include but are not limited to:**

- Staying home when appropriate if you tested positive or if you had close contact with someone in last 14 days with symptoms.
- Following hand hygiene and respiratory etiquette
  - Frequent hand washing
  - Use of hand sanitizer
  - Cover mouth and nose when sneezing or coughing
  - Use “no touch” policy with others
- Cloth face coverings
  - Use of face coverings (mask) whenever practical (not required for riding)
- Distancing
  - Keep at least 6ft from everyone at all times. No drafting!

The PAA ride will provide ongoing communication messaging as well as having onsite signage with key messages referencing:

- keeping distance, wash and clean hands and use face coverings