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Welcome to the first full week of the new year! The first of our 2 pre-season beginner rides starts this Saturday and the full training series starts in two more weeks so we have plenty of news to share with you.

Ready2Roll Cycling Communication Plan

The first thing we want to share is an explanation of our communication plan. We have a lot of information to share with you and we have made a commitment to be as concise as possible and keep things as simple as possible. Therefore, we have developed a simple, predictable and consistent communication schedule so you will all know what to expect and when.

Each day of the week is reserved for specific topics. Here is what to expect:

- Monday - Safety/Courtesy/Cycling Tips and feedback from the recent ride
- Tuesday - Volunteer details (to the upcoming ride support teams only)
- Wednesday - Weekly Ride Note: Specific ride details, time, address, directions, etc
- Thursday - Special Topics (Winter wear advisory, local cycling news, etc.)
- Friday - Late Ride Updates (plus repeat of Wed note)

You won't always get email every day of every week but, you will always receive a weekly Wednesday ride note with the ride details - even on Spring Break week (week of Feb 18-24)

2019 Training Series Schedule

We have received many notes asking about the ride schedule online. It's actually been posted on the calendar on our website for some time. We put it there so those of you who use a compatible calendar app can drag the weekly rides from our calendar to yours and see the time, location, etc.

For those who want a simple table view of the rides, here you go...

Week	Date	Location	Mileage	Start
B1	1/12/19	Igloo	16	Igloo
B2	1/19/19	Goya	19, 29	Goya
1	1/26/19	Fulshear-Brookshire	23, 33, 44	Fulshear H.S.
2	2/2/19	Pedaling the Prairie	24, 44, 54, 68	Waller Co Fairgrounds
3	2/9/19	Wallis	21, 33, 54	Knights of Columbus Hall
4	2/16/19	Sealy	34, 45, 59	Sealy: B&PW Park
	2/23/19	Week Off (Rodeo Run)	N/A	
5	3/2/19	Cat Spring	37, 58	Cat Spring Social Hall
6	3/9/19	Bellville-Cat Spring	40, 58	Austin Co Fairgrounds
7	3/16/19	Fayetteville	40, 57	Town Square
8	3/23/19	Brenham	27, 42, 62?	Brenham H.S.
9	3/30/19	New Ulm	43, 50	Fireman's Park
10	4/6/19	Bellville-Northwest	50, 60	Austin Co Fairgrounds
11	4/13/19	Columbus	51, 60	Beason's Park
12	4/20/19	Fulshear-Hempstead	46, 71	Fulshear H.S.

Some of the distances may change slightly as we finalize approval of a few new routes but these should be fairly close.

We already have received approval from all these communities for the start so we don't expect any significant changes to the schedule. You still want to read each weekly Wednesday ride note and watch for any updates (late weather issues, weekend construction/traffic delays, etc.) on Fridays.

Upcoming Event - Ready2Roll Cycling Overview - Bike Barn, Jan 10

Are you new to Ready2Roll Cycling? First time riding the BP MS 150? Trying to convince your riding pals to participate with you?

Join Ready2Roll Cycling and Bike Barn (5339 Wesleyan), on Thursday, January 10th, 6:00 pm-7:30 pm. as we will be sharing information on our 12-week training series for the BP MS 150. Our fully-supported series begins in just 5 days (January 12th) with a beginner ride for newbies and continues through the end of April. We pride ourselves in working with new riders and on teaching you to ride safely.

This is a FREE seminar, but let us know you are coming so we can save you a seat!

RSVP here: <https://www.bikebarn.com/events/2019-ready2roll-orientation-rsvp-pg2250.htm>

Bike Barn, West University Location

5339 Wesleyan St, Houston, TX 77005

Thursday, January 10th

6:00 - 7:30 pm

Tactical/Practical Tips

Something else we'll do quite a bit, especially early in the season, is share Tactical/Practical tips covering many cycling related topics. Today, we have several useful tips to help all of you get more value and enjoyment out of the series.

- **Create a Ready2Roll Cycling Email Folder - right now!**

We really will be sending you a lot of useful information via email so please create a folder, right now, and put it in an easy to find place, so you can easily file and refer back to all the information you receive. If you're as OC as I am, you may even want a master folder for the series and sub-folders for various details...it's OK as long as they are meaningful and useful to you!

- **Carpool!**

Our rides will attract 600 (cold rainy day) to 1,000+ riders and that is a challenge when we head out to the small towns west of Houston to get to some hills. Everyone, except weekly support volunteers (who need to drive SAG vehicles and/or carry food/drinks to rest stops) must do everything they reasonably can to carpool so we don't overwhelm the small towns and their parking areas. The first place to start is on the Classifieds section of our website. Go to www.ready2rollcycling.com and click on the Classifieds link on the upper right. Then look at the Car Pool listings. There are only three posted so far but look for a carpool near you and if there is not one, post one. Include basic info about what part of town (neighborhood/development, zip code, etc.) so other riders near you can easily join you. You should also aim to include 3-4 in the group so, if someone is gone, you still have the efficiency of 2-3 riders driving together. It's also more fun to share the driving and meet other riders over the season. You can also carpool from a neighborhood Starbucks or other businesses as long as you let them know and support the business before and/or after the ride. Finally, on some rides (i.e. Sealy, Bellville, Cat Spring and New Ulm, which all pass through Sealy on the way to/from the start), we'll alert you that many of you can pull into the Sealy Park & Ride lot as you exit 10 coming into Sealy and meet other like-minded riders and carpool the last 5-15 miles to the ride. This is not as fun as a full to/from ride but is a very quick and easy way to significantly reduce the cars we need to squeeze into the small town starting location.

- **Maps**

We'll have maps available in (at least) three formats this year:

- **B&W paper copies** - available at the start of the ride
- **Color PDF file** - available online for you to print - by Wednesday before the ride, or sooner beginning with Ride 1 (Jan 26).
- **Ride with GPS** - this is an app for your smart phone and we'll post the maps on our RwigPS Club site and they will automatically download to your phone where you will select the route you want to ride and Siri (or her Android cousin) will tell you when to turn, how far to the next turn, etc. We'll even throw in occasional interesting bits of info about the route. Watch for an entire dedicated special topic coming very soon about the Ride with GPS map option.
- **Note** - Ride w/ GPS has a converter to translate our routes into other formats that can be imported into Garmin and other GPS devices. If we have any experts who want to volunteer to convert the RwigPS files into GPX or other specialty formats, please let me know and we'll look at putting these online as well...

OK, we don't want to overwhelm you with too much info on the 6th day of the new year. Watch your inbox for the weekly ride news on Wednesday and volunteers for Beginner Ride 1, watch your inbox Tuesday for the volunteer details for this weekend.

Thank you!

Steve, Marshall, Jan and Robbie

Ready2Roll Cycling



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