

From: **Ready2Roll Cycling** SteveMoskowitz@Ready2Rollcycling.com
Subject: 2019 Special Topic Note - Greatest Hits of the FAQs!
Date: January 24, 2019 at 4:56 PM
To: moskose@swbell.net



The Most Useful Information from our FAQ's is Here!

Is this email not displaying correctly?

[View it in your browser.](#)



This week, we had a number of last-minute questions about the ride so we wanted to issue this special topic note which we are calling: "The FAQ, Greatest Hits Note". We do not have time to answer all the individual last-minute questions but hope that the excerpts from our online FAQ's below will cover 90+% of the questions. We also have other FAQ's on our website and we have posted the weekly ride details and all the earlier rider safety and etiquette tips on the communication page of the site.

Did we mention that the ride map is on our site as well? In addition, the link to download the Ride with GPS electronic maps was sent to all riders who had joined the Ride with GPS club as of about noon yesterday.

Finally, did we mention that the enrollment fee goes up \$25 at midnight tonight! If you have any family, friends, co-workers, etc. who want to enroll, please send them this link to enroll before midnight to get the best deal of 2019...

<https://ready2rollcycling.redpodium.com/ready2roll-cycling-2019-training-series>

OK, here are the greatest hits (this week) of our FAQ's...

Do I need to RSVP for the Rides?

The first item of note is that you DO NOT need to RSVP for the ride. You do need to arrive at the ride at least 45 minutes to an hour early in order to get ready to ride and to allow for signing in, rest room, etc.

Each week, you will notice a sign-in list at the information table. All enrolled riders are listed in alphabetical order. The list is separated into 4-8 smaller lists so no one has a long line to sign in. You simply initial in on the "Started" column next to your name before you ride. When you are finished, you come back and initial in on the "Finished" column so we know you are finished. This system helps us know the number of riders as well as the numbers of riders that may remain out on the road near the end of the ride. It is imperative every rider sign in as well as sign out. If you forget to sign out when finished with your ride and depart home, don't be surprised or startled if you get a phone call from Steve at your house at 3:00 a.m. Yes, 3:00 a.m.! While we realize that you might not be home at 3:00 p.m. in the afternoon, we are pretty confident that you will be home at 3:00 a.m. and we just want to confirm you are ok and still not out on the road. Please sign out when you are completed with your ride!

Can I bring someone (friend) not enrolled in the training series to one of the rides and this person would pay for the one day ride? Basically, can I bring a "Drop In" rider?

The short answer to this question is "No" but let us explain... Our rides are only open to riders who have enrolled and paid for the entire series. We looked at this when we

riders who have enrolled and paid for the entire series. We looked at this when we developed Ready2Roll Cycling and while it could be possible to pay ride-by-ride, it is far more complicated to keep track of who has paid for each ride. This would generate a significant amount of work at every ride. It would be quite challenging to anticipate additional food, drinks, and other resources to accommodate "drop-in" riders.

The bigger and more critical reason is we have also learned that by limiting the series to riders who register and participate in our series and, hopefully, read the safety and etiquette tips in the emails, we develop a group of riders who are much safer and far more courteous than the average rider. Participants in our training series really appreciate the way we "raise the bar" at our rides. Riders in Ready2Roll Cycling prefer to be with like-minded riders who are committed to ensuring an overall great experience, each and every week.

And finally, we have insurance requirements we must abide by and they do not allow for riders to "drop in" and pay as-you-go. As a result, we request that Ready2Roll Cycling riders absolutely DO NOT INVITE GUESTS TO THE RIDE and DO NOT SHARE WEEKLY EMAILS. Failure to follow this policy could lead to being removed from the series.

Now keep in mind, on certain established "partner rides" whereby we join an existing charitable, organized ride, you are welcome to invite your guest(s) to the ride and they will pay the events registration fee. These rides are open to the public so anyone can come along, register for the ride, pay the organizers and join in the ride. We usually have 1-2 partner rides each season (and we pay the fee for our enrolled riders).

What time do the training rides start and end?

Good question! Rides are scheduled to begin at 8:00 a.m., unless otherwise communicated. Now the tricky question – what time do I need to arrive at the starting location for the ride? Our ride starting locations are in small communities and as everyone converges into these small towns at the same general time, traffic and congestion are likely. Also, parking can be very slow. As if that isn't enough, you still need time to sign-in for the ride, use the restroom and get your bike in order. With all that said, we suggest planning on arriving the starting location approximately 50-60 minutes before the 8:00 a.m. start. Yes, it seems like it may be too early but the difference of arriving 15 or more minutes later will place you in the middle of all the congestion and backlog. You don't need that stress ride morning – be smart and arrive early!

The time for each person to complete the ride varies, depending upon on how far you ride and your pace. In the early weeks, the training ride distances are shorter and almost all riders are through by 11:30 a.m. (add 20-40 minutes to travel back home). In the later weeks when the rides are longer and most riders want to get extra miles to build up their endurance, some riders may finish as late as 3:00-3:30 p.m. (plus 30 minutes to an hour for the drive home). Of course, these times are general times as start time, pace and distance play a key role as to when you are done. We highly recommend that riders not spend a lot of time on long breaks at the rest stops as not only will this delay your eventual finish but, more importantly, it will make it more difficult getting back on the bike following the long rest.

I heard that training rides could have as many as 1,000 people attend. How can all those people ride at the same time?

You think 1,000 people riding is a lot...just imagine the parking issue! While we're on parking, let us mention, we emphasize carpooling as space in these small towns where we ride is extremely limited. Now back to riding... The ride start and routes are very organized. Ready2Roll Cycling riders are requested to show up early, get their bikes ready and line up at the starting line in accordance with the pace they expect to ride. The groups are started in waves, with the fastest riders going first and the slowest riders last. Each wave is announced to begin following the faster wave in front of them. Once one wave has sufficiently departed and a large enough gap exists, the next fastest wave will be released to begin riding.

So why the waves? Starting in waves with the faster riders first, followed by the second faster group, etc. reduces the need for quicker riders passing slower riders, thereby

faster group, etc. reduces the need for quicker riders passing slower riders, thereby reducing congestion and improving the safety for all riders. We strongly stress that you start in the wave pace that is closest to the pace you ride. If you pass a lot of riders your first week, move to a faster wave next week and, if you get passed a lot at the start, move to a slower wave. By the way, the wave paces are identified in miles per hour.

Now that you understand the wave start, there is no reason to stress that maybe 1,000 fellow riders might show up to ride on Saturday!

I've heard that Ready2Roll Cycling likes Ride with GPS? What is all the buzz?

As a benefit to the Ready2Roll Cycling participants, Ready2Roll Cycling has established a membership relationship with Ride with GPS. Ride with GPS is a software application that our riders can download to their smartphone free of charge. Once the app is installed, riders can download the weekly Ready2Roll Cycling maps (routes). As a rider proceeds along the weekly Ready2Roll Cycling ride, they will see, and more important, hear, on their smartphone, detailed turn-by-turn directions as well as identifying road hazards and cautions, upcoming rest stops, how far to the next turn, etc. We drive the routes in advance and completely customize the verbal cues so they are informative, intuitive, and easy to follow.

Ride with GPS eliminates the need have paper maps which often remain inaccessible in your pockets, folded up to be impacted by weather or sweat. Ready2Roll Cycling is encouraged with this technology as it allows riders to keep their eyes on the road at all times and avoid getting lost. As a Ready2Roll Cycling participant, you are entitled to download and use the basic membership level features which includes our route navigation tool and mapmaking tools.

This year, the more observant among you may see that we are piloting a new feature which will allow the ride coordination team to track 18 of our SAGs, 12 Ride Marshals, and 6 Bike Medics along the route. This will allow us to quickly find/contact assistance, if needed as well as answer our most asked question at every ride: "When will the last riders be here?"!

OK, this covers most of the general questions we have been seeing this week. Please allow yourself some time to take a look at the Ready2Roll Cycling site and check out all the resources and information available to help you make the most out of the training series.

Thank You!

Steve, Marshall, Jan and Robbie

Ready2Roll Cycling

www.ready2rollcycling.com

832-236-7307 – cell

281-907-9007 – weather hotline



[follow on Twitter](#) | [friend on Facebook](#) | [forward to a friend](#)

Copyright © 2019 Ready2Roll Cycling, All rights reserved.

You are receiving this e-mail because you opted into the 2018 Ready2Roll Cycling distribution list.

Our mailing address is:

Ready2Roll Cycling

11027 Holworth
Houston, TX 77072

[Add us to your address book](#)

[unsubscribe from this list](#) | [update subscription preferences](#)