



Note - the subject line is correct - we're riding on Sunday, Mar 1, this week. This is the only week we'll be riding on Sunday. This Saturday is the 28th running of the ConocoPhillips Rodeo Run and many of us will be running or volunteering (see more about a GREAT volunteer opportunity below) on Saturday so we're riding on Sunday this weekend. Our ride start time is still 8:00 am.

2015 Ready2Roll Cycling Training Series - Ride #6 – Hockley - Sunday, March 1, 8:00 am

This week, we'll stay with the gently rolling roads but head northwest of town slightly to Northern Waller County.

The route is fairly flat with a few gently rolling roads. Not enough to call hills but you will benefit from some shifting so take the time to practice and get a feel for your natural cadence range. We have two distance options – 43 or 55.5 miles. If you do the 55.5 mile option, there will be a nice rolling 12.5 mile ride out to Hwy 6 and back. If 55.5 miles is not enough, there will be an option to ride an all right turn 12 mile loop at the end of the ride – as long as you are on track to finish by 2:00 pm.

There will be two stops on the 43 (15 and 29 mile points) or three on the 55 mile route (15, 27, 40.5 mile points).

Directions to the Start – Turlington Elementary, 23400 Hegar Rd, Hockley, TX 77447

The GPS coordinates for the main entry are: 30.096666,-95.841916.

Take Hwy 290 NW from town to the Hegar exit. This is approx 5-6 miles past the Grand Parkway. Exit and make a right (north) on Hegar and drive about 6 miles to Turlington Elementary – on the right side. Remember that Hegar road is a two lane country road. You will travel ~ 6 miles on Hegar, with one stop at FM2920, before turning on Magnolia Road.

PLEASE allow time to arrive between 6:45 and 7:00 to allow time for possible traffic backup and to get parked and ready to ride.

I will send a few more details about the ride this Friday. We are watching the weather which currently shows a 60% chance of scattered thunder storms. Watch for the Friday update note and, if needed, a Saturday evening update and/or a posting on our **Ready2Roll Cycling Info line at 281-907-9007**.

Volunteers (Cyclists) Needed at Rodeo Run this Saturday

We can use 5-7 more cyclists this Saturday at the Rodeo Run. These are very easy and fun jobs and you can help your team earn their volunteer credits, safely ride in the streets of downtown Houston in front a several hundred thousand spectators, and NOT miss any training rides!

Here is what we need:

- **Judge the Hoopla teams** - You will get to ride your bike in front of a few hundred thousand spectators in downtown, then out and back on Allen Parkway while all the Hoopla teams on the course cheer madly and give you the red carpet treatment. The team (3-5 riders) will confer after enjoying all the Hoopla and submit the winning teams to the awards team.
- **Spot the 5K Male/Female Leaders** – This team of 2 riders will ride just ahead of the first male and female 5K runner. At the finish, they help the Winner Spotters to ensure they know the winners of the 5K run. (The 5K starts after the 10K so the spotters help us spot the winners.

The cyclist teams arrive about 7:30 am and meet their contacts, then they do some easy laps of the route to get familiar with it while seeing the hundreds of thousand spectators arrive. Team Captains – if you missed an assignment, this is a great chance to catch up on your volunteer quota and still ride on Sunday. ...did I mention the WAY COOL, and VERY bright t-shirt each volunteer gets?

If you can help this Saturday, please reply ASAP and include the words Volunteer and Rodeo Run in the subject line – thanks!

Thanks to those of you who already offered to help – I'll be sending notes on assignments and maps Friday morning.

OK, I promised a short fairly note today. The ConocoPhillips Rodeo Run should pass 12,500 participants today and I need to make sure everyone has a safe and fun run before we ride on Sunday. There is still time to register for the ConocoPhillips Rodeo Run if you come to Luke's Locker on 1953 West Gray (2 blocks east of Shepherd) between 10 am and 6:30 pm today, tomorrow or Friday.

I'll see many of you at the Rodeo Run on Saturday and many more of you in Hockley on Sunday...

thanks!

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