

**Subject:** 2010 BP MS150 Training Series - Ride 4 Late Update  
**From:** "Moskowitz, Steve E." <Steve.E.Moskowitz@conocophillips.com>  
**Date:** Fri, 12 Feb 2010 15:05:56 -0600  
**To:** Undisclosed recipients;

As promised, here is a quick update on some key details for the ride tomorrow...

The weather looks like it will be sunny but quite cool when we start. Mid 30's at the start up to the 50's. Layering is definitely in order.

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**Directions to the start of the ride - Waller County Fairgrounds (22000 Fairground Rd, Hempstead, 77445) see the aerial below...**

**If you live inside the Sam Houston Tollway:**

Take the tollway (or the 610 loop, if closer) to Hwy 290. Take 290 northwest approx 33 miles past the Sam Houston Tollway to the 359 exit. Turn LEFT (South) on 359 and go just over a mile to Old Houston Hwy. Turn LEFT and then, the entry to the fairgrounds is on the right shortly after you turn.

**If you live west of the tollway:**

Take I-10 west to the first Brookshire exit. Turn RIGHT, go to the light and turn LEFT on Hwy 90. Go to the 2nd light and make a RIGHT on FM-359. Take FM-359 north approx 18 miles to Fairgrounds Dr. The Fairgrounds will be on your right.

**NOTE** - Since there will be a lot of us heading to Hempstead, you want to do five things:

1. Arrive early
2. Carpool
3. Arrive early!
4. Come out 290 if you live inside or near the tollway or come up 359 from Brookshire if you live farther west
5. Arrive early!!!

Riders will line up on Fairgrounds Rd about 7:40 so, if you arrive late, you may be better off going back home to bed!-)

You can see/print the ride map (THANKS to Greg Schindler from El Paso!) at the ride web site:

<http://www.pedalingtheprairie.org/>



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**Sign-in Overview**

The sign-in area will be in the pavilion near FM-359 and riders will be directed to park on the pasture on the east side of Fairgrounds Dr.

We have a LOT of room so we'll spread three tables out enough to accommodate six complete lines. Form left to right, here are the six lines:

1. A - Cooper
2. Cornelius - Ground
3. Grundmeyer - Levy
4. Levy - Okotie
5. Olivares - Smith (Melissa)
6. Smith (Roger) - Z

You NEED to get a number form the volunteers and write your number in the notes column on the right.

**NOTE - After the ride, there will be a fresh sign-out sheet.** We're turning the sign-in sheet in so the ride director has your rider numbers on file.

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**BARGAIN Alert! (Lunch available after the ride)**

Faith West will be serving a hamburger lunch for \$5. If you want to grab a bite to speed your recovery before you head home, this will be a great, home-cooked burger.

If you still need some good warm clothing, here is a reminder of a GREAT program you can benefit from today!

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**Sun & Ski Sports Team Support and MS150 Discount Program**

We'd Love to Support Your 2010 BP MS150 Team!

Whether you're riding on an experienced team, a beginner team or individually, Sun & Ski Sports would love to support you and your team! Sun & Ski Sports provides each and every rider with FREE support during the 2010 BP MS150.

5% pledge rebate program:

5% of all Sun & Ski Sports purchases made using your tracking number is credited to YOUR MS 150 pledge fund. You'll receive a unique tracking code that can be passed out to friends, family members and supporters. Share your tracking number with all of your friends, family members and supporters. When they shop at Sun & Ski Sports and use your tracking number, you will receive a credit for 5% of their purchases to your Individual MS150 pledge fund as well.

Store Discounts:

- 10% off bikes (non-sale items)
- 10% off cycling apparel & accessories (non-sale items)
- 35% off bike labor
- FREE basic bike fit

Signing up is easy! Visit [www.sunandski.com/events](http://www.sunandski.com/events), click on the My Team Support icon and fill out your information. You'll receive your pledge rebate card and store discount card in one business day.

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Dress warm tomorrow and I'll see you all in Hempstead.

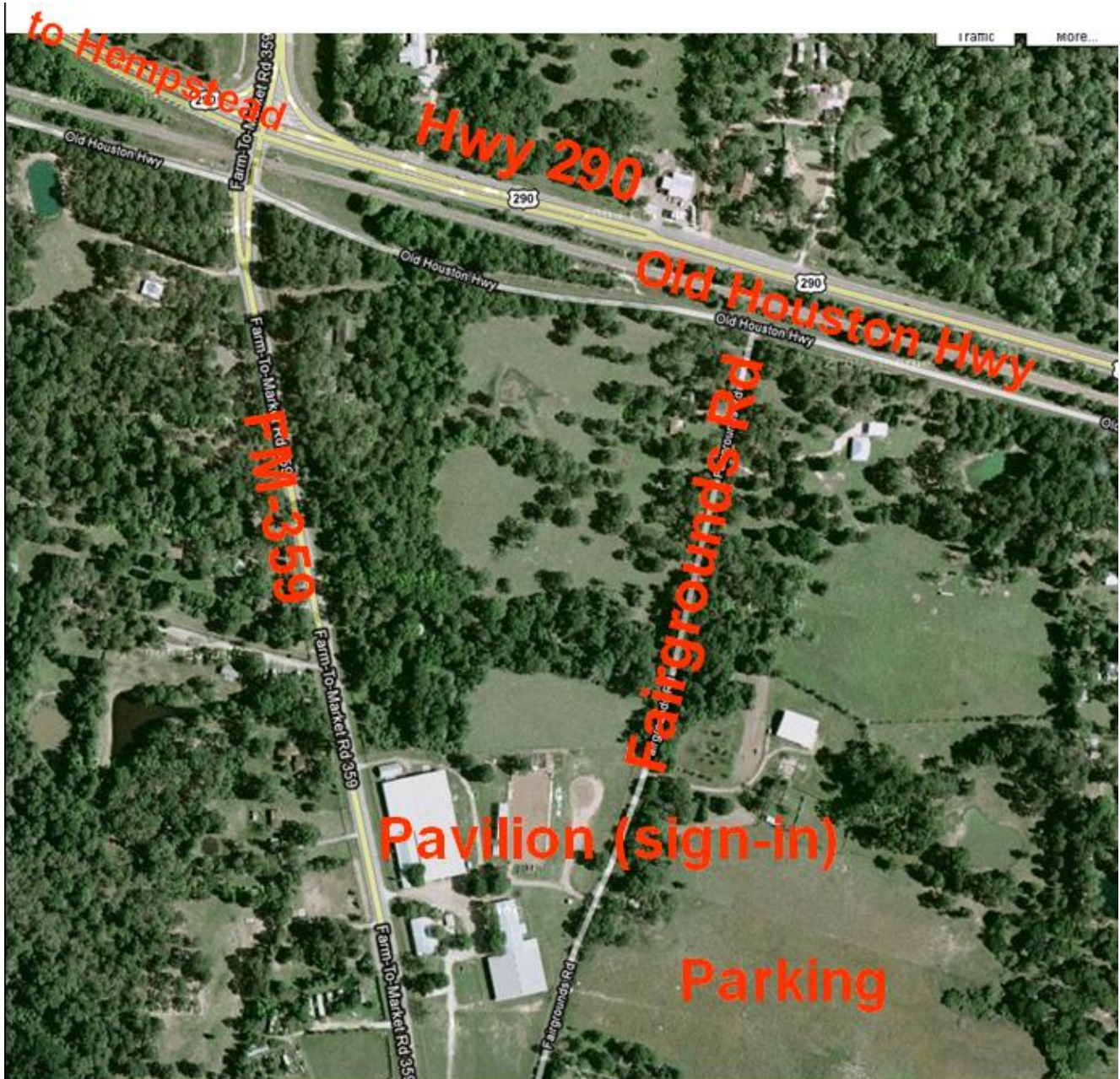
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<http://www.conocophillipsbikeclub.org>



Take FM-359 to Fairgrounds Rd and turn RIGHT (before the fairgrounds)  
Turn RIGHT into the parking or...

Take Hwy 290 to the FM-359 exit  
U-turn to Old Houston Hwy to Fairgrounds Rd and turn RIGHT  
Turn LEFT into the parking

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